



# PARENTS

Providing Awareness Referrals Education Nurturing Therapy Support

... Where hope is in the home

PARENTS, Inc. Newsletter  
Summer

July - September 2012



*Aloha Friends, Family and Colleagues,*



**Executive Director  
Lisa Groulx**

The summer is here and it is a great time to spend some quality family time enjoying outdoor activities. I enjoy spending time with my girls at pool parties and BBQs. I wanted to share with you a great picture of my daughter Angelica jumping off of a waterfall into our friend's pool. My girls love to go to Waimea and jump off the rock, so we made time this summer to do that as well. It is easy to get



into the routine of working, cooking, cleaning or other household chores, but we all need to take time to enjoy our beautiful surroundings and take advantage of the pure Vitamin D we get from outdoor activities (with sunscreen, of course!)

Check out our family tips and resources below as well as some events and classes scheduled for the next couple of months. If anyone is interested in participating or volunteering with our agency and furthering our mission of strengthening families by providing parenting education and support services in the prevention and treatment of child abuse and neglect, then please contact us. We have a few openings for new board members and will be having a board mixer in September which will provide information on our agency and what role the board of directors plays in serving non profits. Please log on to our website at <http://www.hawaiiparents.org> or contact us via email at [info@hawaiiparents.org](mailto:info@hawaiiparents.org). Have a great summer and we look forward to hearing from you. Mahalo!

## California Pizza Kitchen FUNraising Event


Join us at California Pizza Kitchen at Kailua on Oahu for a flavorful FUNraising event on **8/28/12**. Download the [flyer](#) and present it to the server, 20% of the check will be donated to PARENTS, Inc. Purchases include dine-in, take-out, catering and all beverages.



**Need your matching donation from**

**Sept 1 - 30, 2012**

**SUPPORT OUR ORGANIZATION TO FUNDRAISE EVEN FASTER!**



**give aloha**  
Foodland's Annual Community Matching Gifts Program


*Make a donation to our organization at any Foodland, Sack N Save or Foodland Farms checkout, and Foodland and the Western Union Foundation will make a donation to our organization, too!*

Organization   
Our Organization Code is

**HOW TO HELP:**

- 1) Show your Maika'i Card and make a donation to our organization (up to \$249 per person) at any Foodland, Sack N Save or Foodland Farms checkout from September 1-30, 2012.
- 2) Foodland and the Western Union Foundation will match all donations up to a total of at least \$350,000 for all organizations combined.

**THANK YOU FOR YOUR SUPPORT!**



## Resources for Families

- [Social Safety Handout](#)
- [Toxic Plants](#)
- [Tips to Help Your Child Stay Drug Free](#)



**1. It is important to teach children that a stranger is someone you have not introduced them to.**

- a. True
- b. False

**2. Which of these is a good safety tip to teach your children?**

- a. Teach children that there are good strangers and bad strangers
- b. Teach children how to dial 911 if there is an emergency
- c. Do not let children under 10 go to the bathroom in public places alone
- d. All of the above

**3. Tobacco is a toxic plant.**

- a. True
- b. False

**4. Which of these is NOT a way to help your child stay drug free?**

- a. Talk to your child about alcohol and drugs
- b. Be a good role model
- c. Let your children experiment safely under your supervision
- d. Stay involved with your child



## FREE Classes

We are offering our Confident Parenting Classes on both Oahu and Big Island.

Download the [flyer](#) and [registration form](#) for classes in Salt Lake and Kaneohe. Download the [flyer](#) and [registration form](#) for classes in Hilo.

We will offer a series of FREE life skills training for women in Kaneohe and Hauula. Click [here](#) for the flyer of training program.



## Upcoming Professional Workshop

The theme of our next workshop is **Motivational Interviewing**. The Hilo and Oahu workshops will be held on **September 28 (Fri)** and **October 12 (Fri)** respectively. We will provide more details shortly. Stay tuned!



## Mahalo for the kind support of:

- Angelica Sanders
- Alan Au
- AnnMarie V. Manzulli
- Anuhea Au
- David Butts and Kazuyo Takagi
- Dayna Tupinio
- Russo Brothers Painting
- Sally Bronner



### 2012-2013

#### Board of Directors

**Kathi Kreinik**  
President

**Sue Gribbon**  
Secretary

**Dave Butts**  
Director

**R. K. Castillo**  
Director

**Jessica Gribbon-Guerra**  
Director

#### Management

**Lisa Groulx**  
Executive Director

**Danielle Spain**  
Program Director I - Hilo

**Kailoa Harman**  
Program Director II - Hilo

**Tara Buckley**  
Program Director - Oahu