

... Where hope is in the home

### PARENTS, Inc. Newsletter

Spring April - June 2012

#### Aloha, Friends, Family & Colleagues:

Happy Spring! April is Child Abuse Prevention Month and we just had our 1st Annual Kickball Tournament to kick it off and kick child abuse and neglect out of Hawaii. The Kickball Tournament was a lot of fun and brought together over 200 people who supported our cause and helped us to raise \$7,000 to stop child abuse and neglect in the State of Hawaii. Congratulations to our 1st Place Winners CPK. Mahalo to all of our sponsors, volunteers, teams and vendors who contributed to this event. I would like to thank my staff and the Board of Directors for their cooperation and team work. We couldn't have done it without everyone's help and support.



Executive Director Lisa Groulx

Cooperation and team work is important in everything we do in life, whether it's at work or at home. We have included some resources below on how to engage, encourage and practice cooperation. Please test yourself on our mini quiz below. Have fun and enjoy your family. Check out our website for all of the upcoming events: Our Spring Yard Sale and our Professional Workshop.



### **Spring Yard Sale**

We are organizing a yard sale to raise funds during April's Child Abuse Prevention month. All proceeds will benefit the prevention and treatment of child abuse and neglect. Please donate items for our fundraiser. We look forward to your support!

#### **Resources for Families:**

Click on the link below to download parenting resources:

- Ways to Engage Cooperation
- Use Encouragement to Engage Cooperation
- Practicing Engaging Cooperation

#### **Mini Quiz**

Test your knowledge using our mini quiz below!

1) Encouraging your children's cooperation

### 2011-2012

**Board of Directors** 

Kathi Kreinik President

Ronaele Whittington Vice President

Sue Gribbon Secretary

#### will:

- a. Reduce tension and power struggles
- b. Increase your child's good behaviors
- c. Make your child feel heard
- d. All of the above

# 2) How is encouragement different from praise?

- a. Encouragement teaches children that others are proud of them.
- b. Praise teaches children to be aware of their behaviors and be proud of good behavior.
- c. Encouragement teaches children to be aware of their behaviors and be proud of good behavior.
- d. All of the above

# 3) Which of these methods will most likely encourage cooperation?

- a. Lectures
- b. "Because I said so"
- c. Commands
- d. Praise

# 4) What are the correct steps for engaging cooperation?

- a. Describe the Problem, Give Information, Offer a Choice, Say it with a Word, Describe What You Feel, Write a Note
- b. Describe What You Feel, Describe the Problem, Give Information, Offer a Choice, Say it with a Word, Write a Note
- c. Describe the Problem, Write a Note, Describe What You Feel, Give Information, Offer a Choice, Say it with a Word
- d. Write a Note, Describe the Problem, Give Information, Describe What You Feel, Offer a Choice, Say it with a Word

answers: 1) d, 2) c, 3) d, 4) a

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Director

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Executive Director

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**Program Director I - Hilo** 

Kailoa Harman

Program Director II - Hilo

**Tara Buckley** 

**Program Director - Oahu** 

# Professional Workshops on Helping Children (May 2012)

We are offering two workshops in both Big Island and Oahu:

- 1) Understanding the Impact of Parental Divorce on Children and Blended Family Issues
- 2) Understanding the Impact of Domestic Violence on Children



Please click <u>here</u> for the detailed information of workshops and payment methods.



## Kickball Tournament 2012 Mahalo for Helping us to KICK Child Abuse & Neglect out of Hawaii

Congratulations to **CPK Hawaii** who won our first kickball tournament on March 24, 2012. We would like to sincerely thank all sponsors, teams, and volunteers who donated their time and efforts to make this event a success.

We look forward to seeing you next year! Stay tuned for the event date for 2013 and details of team

registration.













### **Volunteers Needed for Aloha United Way's Campaign**

Every year a few fantastic individuals donate their valuable time and energy to benefit PARENTS, Inc. and support the prevention of child abuse and neglect in Hawaii by participating in Aloha United Way's Pacesetter and General Campaigns as a Community Executive. PARENTS, Inc. is looking for a few volunteers who are willing and able to participate on our behalf. Positions are either full time (40 hours a week) or part-time (20 hours a week).



Time Commitment: Pacesetter Campaign May 21 - July 13, 2012 (8 weeks)
General Campaign Aug 13 - Oct 12, 2012 (9 weeks)

If you, or someone you know, is interested in this opportunity or would like more information, please contact Executive Director, Lisa Groulx at 223-4541 or <a href="mailto:lgroulx@hawaiiparents.org">lgroulx@hawaiiparents.org</a>.

### **Confident Parenting Classes**

Download the <u>flyer</u> and <u>registration form</u> for our classes in **Salt Lake** and **Kaneohe**. If you have any questions, please contact our Case Manager Kristen Wild at 223-3264 or <u>kristen@hawaiiparents.org</u>.



### **Women's Life Skills Training**

We will offer a series of FREE life skills training in Kaneohe, Punaluu and Waimanalo for women. Click <a href="here">here</a> for the flyer of training program.



### **Join our Team on Team Coupon!**

Click on the TeamCoupon finger on the right to sign up for great deals and every time a team member purchases something through TeamCoupon, PARENTS, Inc. gets a portion of the proceeds.





We've registered PARENTS (Kaneohe - HI) with GoodSearch.com, a company that helps nonprofits like ours raise funds through the everyday actions of our supporters. Every time you use a GoodSearch service, they donate approximately half of the revenue they make to the nonprofit you've designated.

Here is a short video on how it works:

http://www.goodsearch.com/about.aspx#faq1

Here is how you can help:

- Use GoodSearch when you search the Internet they will donate a penny to us every time you do
- Use GoodShop.com when you shop online they work with more than 2,600 major brands, have over 100,000 coupons and donate a percentage of every purchase you make to us
- Enroll in GoodDining.com. They will donate up to 6% of every dollar you spend when you eat at one of 10,000 participating restaurants
- Download the PARENTS (Kaneohe HI) toolbar to earn donations every time you search and shop. You can also get coupon alerts and donation reminders as you visit any of the 2,600 stores in GoodShop. Get it here: <a href="http://www.goodsearch.com/toolbar/parents">http://www.goodsearch.com/toolbar/parents</a>

We'd like to begin building our presence on GoodSearch.com. Please join our community on GoodSearch.com and help us raise money for our mission. Get started by visiting <a href="http://www.goodsearch.com">http://www.goodsearch.com</a>!

## Mahalo for the kind support of the following:

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## - Volunteers

1st Sgt. Josh Crayton	LCpl Bonilla	PFC Giard
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Alanakai Mahelona	LCpl Freire	PFC Muys
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Alyshia Shimizu	LCpl McGinty	PFC Penafieltmay
Amber Aduja	LCpl Meyer	PFC Pierce
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Brent Kiyota	Mike Casciato	PFC Rodriguez
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