

Confident Parenting Classes



... Where hope is in the home.

FREE CLASS!

Materials/Book Cost: \$40

Class being offered:

Saturday 9:00 am-11:00 am
January 14th-March 10th

Kaneohe

**For more information or
to register for class contact**

Case Manager, Kristen Guertin
at 223-3264

or by email:

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Join us to learn:



- How to use positive discipline effectively

- How to encourage your child's self esteem.

- How to engage cooperation from your children

- And how to reduce power struggles.... Even with your teenagers.



Finish the whole 9 week, 18 hour program and receive a signed, certificate of completion.

Follow us on Twitter @parentshawaii or add us on Facebook: Parents, Inc., Hawaii