



Aloha, Friends, Family & Colleagues:

It is the holiday season, with Christmas just a few days away, and then comes New Year's and we start 2012. But we will never forget 2011. It was a year of many blessings and a year of pain and sorrow with the tragic loss of two



of our employees -**Ryan & Laura**. We are reminded how short life can be and that we may never get the chance to do everything we have planned to do. Take time out from all of the hustle and bustle of shopping and decorating and spend real quality time with those you love. The greatest gift we can give to our friends and family is our time and attention. We here, at **PARENTS, Inc.**, are wishing you a blessed and stress free holiday season. Don't forget to hug a keiki today!

Love & Aloha,

Lisa Groulx
Executive Director

Dance Like No One's Watching



We convince ourselves that life will be better after we get married, have a baby, then another.

Then we are frustrated that the kids aren't old enough and we'll be more content when they are.

After that we're frustrated that we have teenagers to deal with. We will certainly be happy when they are out of that stage.

We tell ourselves that our life will be complete when our spouse gets his or her act together, when we get a nicer car, are able to go on a nice vacation, when we retire.

The truth is, there's no better time to be happy than right now.

If not now...*when?*

Your life will always be filled with challenges. It's bet to admit this to yourself and decide to be happy anyway.

One of my favorite quotes comes from Alfred D Souza...

"For a long time it had seemed to me that life was about to begin. But there was always some obstacle in the way, something to be gotten through first, some unfinished business, time still to be served, a debt to be paid. Then life would begin. At last it dawned on me that these obstacles were my life."

This perspective has helped me to see that there is no way to happiness. Happiness is the way.

So, treasure every moment that you have. And treasure it more because you shared it with someone special, special enough to spend your time...and remember that time waits for no one...

So stop waiting until you finish school...until you go back to school...until you lose ten pounds...until you gain ten pounds...until you have kids...until your kids leave the house...until you start work...until you retire...until you get married...until you get divorced...until Friday night...until Sunday morning...until you get a new car or home...until your car or home is paid off...until spring, until summer...until fall...until winter...until you are off welfare...until the first or fifteenth...until your song comes on...until you've had a drink...until you've sobered up...until you die...until you are born again to decide that there is no better time than right now to be happy...

Happiness is a journey...not a destination!!

Thought for the day:

**"Work like you don't need money,
Love like you've never been hurt,
And dance like no one's watching."**