



PARENTS

Providing Awareness Referrals Education Nurturing Therapy Support

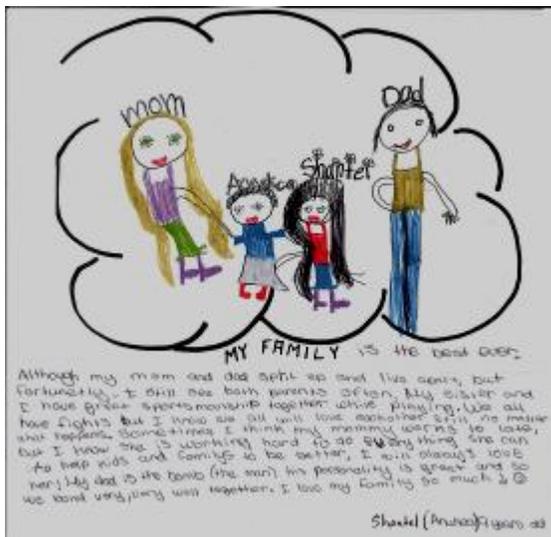
Ho'ola Ohana

PARENTS, Inc. Newsletter

Summer
July-September 2009

My Family...

by Anuhea



"Although my mom and dad split up and live apart, but fortunately, I still see both parents often. My sister and I have great sportsmanship together while playing. We all have fights but I know we all will love each other still no matter what happens. Sometimes I think my mommy works to late, but I know she is working hard to do everything she can to help kids and familys to be better. I will always love her! My dad is the bomb (the man) his personality is great and so we bond very, very well together. I love my family so much!"

From our Executive Director:

Aloha!

Since we have just ended our fiscal year here at PARENTS, Inc. , we would like to reminisce and share some of the events and accomplishments over the last year.

Although PARENTS, Inc. has been in business for over 30 years now, this last year was one to celebrate for many reasons. We decided to restructure and reorganize our agency to enable us to grow beyond what we have in past years. We have added new members to our Board of Directors, new administrative

Key Staff

Board of Directors

2009-2010

Scott Morishige
President

Ian Caitano
Treasurer

Regina Torres-Scarpucci
Secretary

Kyle Chang
Director

Kerry Tom
Director

Sandra Larsen
Director

staff, and new policies and procedures in place. We have a very loyal and dedicated staff that provides quality services to the communities in which we serve.

We just concluded our Annual Mother's Day Tea Party Fundraiser and have included a sampling of how successful this event has become. It is our way of honoring mothers and seeing families come together and bonding over a day full of tea and fun. We have fundraising events scheduled throughout the year. Please join our mailing list to receive regular updates.

PARENTS, Inc. is excited as we start out this new fiscal year. This issue of Ho'ola is very important to me because it contains special messages from children in the form of hand drawings, one of them by my 9 year old daughter, Anuhea.

We would like to take this time to thank you for your support and donations over the last year and ask that you continue to do so throughout this year as well. Every family we are able to reach gives another child a greater chance for success!

Sincerely,

Lisa Groulx
Executive Director
PARENTS, Inc.

Join Our Mailing List!

If I had My Child to Raise Over Again

By Diane Loomans

*If I had my child to raise over again,
I'd build self-esteem first,
and the house later.
I'd finger-paint more,
and point the finger less.
I would do less correcting
and more connecting.
I'd take my eyes off my watch, and watch with my
eyes.
I would care to know less*

Senior Staff

Lisa Groulx
Executive Director

Sharla Smith
Administrative Assistant

Laura Tamashiro
O'ahu Program Director

Regina Purinton
East Hawai'i Program Director

Rosemaree Zazu
Maui Program Director

Upcoming Fundraisers

[August 11th-Big City Diner](#)

Previous Fundraisers:

[Mother's Day Tea Party](#)

Parenting Quiz:

Which of the following concepts should your child master before you leave them home alone?

- a.) Use of common kitchen tools like can openers and microwaves
- b.) Know community emergency phone numbers
- c.) What to do if a stranger calls or comes to the door
- d.) Where an extra house key is located
- e.) All of the above

(answer: e.) all of the above

Fun for Kids:

Kool-Aid Play Dough

Ingredients:

*and know to care more.
I'd take more hikes
and fly more kites.
I'd stop playing serious,
and seriously play.
I would run through more fields
and gaze at more stars.
I'd do more hugging
and less tugging.
I'd see the oak tree
in the acorn more often.
I would firm less often,
and affirm much more.
I'd model less about
the love of power,
and more about
the power of LOVE.*

1 cup flour
1 cup water
1/2 cup salt
2 teaspoons Cream of Tartar
1 package Kool Aid mix (unsweetened)
1 tablespoon cooking oil

Directions: Mix dry ingredients in a large saucepan. Slowly add water mixed with oil and stir over medium heat until mixture thickens to dough. Turn out onto a heatproof bread board or counter top and knead until cool enough for children to handle. Dough will be the color and scent of the Kool Aid mix. (Can be stored in a tightly covered container for up to six months.)

Mahalo to our generous donors, sponsors, and supporters!

- **Big City Diner**
- **Haleiwa Joe's**
- **Heaven on Earth Spa**
- **Doreen DeCasa**
- **Penny's Florist**
- **Ryan Suenaga**
- **Linda Teixeira**
- **Cindy's Tees**
- **First Hawaiian Bank**
- **Leah Nihipali**
- **Rose Hutchinson**

Parenting Tip #001

from our Hilo Staff:

Fighting among brothers and sisters is normal. Done fairly, it helps children learn to stand up for themselves, and to negotiate with others. One of the best tools for parents to help kids get along is for parents to notice when siblings are being kind to one another. Comment more when they are getting along rather than when they are fighting. Praise them for using their words rather than their fists. Remember what you pay attention to is what you get more of! According to "The Best Things Parents Do," research shows that the more times a child acts kind or helpful, the more he or she will want to do so in the future. Often times, parents are more likely to notice the fighting than the cooperating. It's a matter of re-teaching ourselves to notice the positive.

Client Stories...

The Kapumau Family

"The Kapumau Family is the best, even though we have our fights we will always love each other in every single way. And thats the Kapumau Family. Peace. Love. Happiness."

-Tiana Kapumau



Worklife at P.A.R.E.N.T.S., Inc.

As a Program Assistant, I started working for the agency in November 1999...

I am richly blessed to be a part of Parents, Inc. And as a Program Assistant, I strive to be my best and to provide whatever I can to help families become strong and well grounded in their life so they can become successful and reunite with their children. It has been a rewarding experience as well as challenging to serve families that are in need. Each staff here at Parents, Inc. has imprinted good and positive things into their lives and one day they will be successful leaving memories and footprints of Parents, Inc.

Sally Nachor, Program Assistant

EHCCSS

GOODSEARCH.COM: Surf the web to support PARENTS, Inc.!

Do you want to support a good cause, but don't have the money to make a cash donation? GoodSearch.com offers a quick and EASY way to raise donations for the charity of your choice.

GoodSearch is a search engine that donates its revenue to charities designated by its users. you use GoodSearch exactly as you would any other search engine. It is powered by Yahoo! to make sure that you get good search results. The money GoodSearch donates comes from its advertisers-users and organizations do not spend a dime.

In 2007, GoodSearch expanded to include GoodShop-an online shopping mall. Each purchase made on GoodShop results in a donation to the user's designated charity. This donation generally averaged about 3% of the sale, but can be up to 20% or sometimes even more!

Supporting PARENTS, Inc. through GoodSearch is easy. Just follow the directions below:

1. Go to www.goodsearch.com
2. When you see "Who Do You GoodSearch For?," select PARENTS, Inc. (Kaneohe, HI) as your option (there are many charities with the word 'Parents' in the title, so you will have to scroll down).
3. Begin your Search!

(Every search you do generates \$0.01 for PARENTS, Inc.)

To use GoodShop, click on the GoodShop link provided from the GoodSearch homepage. It's EASY!

Join us on Facebook and MySpace!

If you have a Facebook or MySpace account you can now add our cause and stay up-to-date on agency events and fundraisers. Search the applications list on either site for the "Causes" application. Once you have added the application, you can search for P.A.R.E.N.T.S., Inc. (make sure it's the one in Kaneohe, Hawaii) and subscribe to our cause. You can also use the page to donate to us directly or to share your interest in our organization with your friends and family!

For more information, e-mail us at:

info@hawaiiparents.org or contact us at:

PARENTS, Inc.

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Visit our website at: www.hawaiiparents.org