



PARENTS

Providing Awareness Referrals Education Nurturing Therapy Support

Ho'ola Ohana

PARENTS, Inc. Newsletter

Fall
October-December 2009

From Our Executive Director:

Aloha, Parents, Grandparents, Aunties, Uncles, Brothers and Sisters:

PARENTS, Inc. Fall Newsletter is designed specifically for you! With all of our daily duties and responsibilities, it makes it difficult to enjoy the little things life has to offer. Parenting has become one of the greatest challenges we face while struggling to make ends meet from day to day. We would like to let you know that we are here for you! My staff and I are dedicated to serving the communities of Hawaii in the hopes of reaching thousands of people that could use some relief from the daily stressors of life. PARENTS, Inc. offers many valuable tools and resources to gain knowledge and understanding in child development, attitudes, and difficult behaviors that create conflict in our households. If you've ever felt like your kids are driving you crazy or just need someone to understand while you let off steam, we are here to listen and offer our expertise.

I am reminded of years ago when my 9 year old was going through the Terrible 2 stage; lots of temper tantrums that would flare up at any time or any place. I tried everything I was told by my family and friends but it didn't matter whether I walked away or picked my screaming daughter up and held her in my arms, she would not stop! I decided to check out a parenting class to see if I could gain some insight into this Terrible 2s and Horrible 3s stage that everyone talked about but nobody seemed to know what to do about. I was truly blessed to learn that there is an organization, PARENTS, Inc., in our local community that has answers and gives guidance and really cares about how you are doing.

Along this topic, we have included some precious hand drawings reflecting the progress in the development of hand-eye coordination from our 2 - 6 year olds. These drawings display how much change occurs in a very short time span and how important it becomes to ensure that our children get proper support and guidance from us as parents. Please take the time to enjoy your children and the activities that we have offered in this newsletter. Time flies so fast! Mahalo.

Upcoming Fundraisers:

All of October-Cookie Corner
Cookie sales

October 7th-[Pizza Hut Pizza Night](#)

October 17th-Macy's Shop for
a Cause

November 6th-8th- [Ward Festival of Giving](#)

November 14th-15th- Windward
Festival of Giving

To purchase tickets, get involved in fundraising, or for more information, please contact our office at (808) 235-0255 or email us at info@hawaiiparents.org

What Are Hands For?

Key Staff

Senior Staff

Lisa Groulx
Executive Director

Sharla Smith
Administrative Assistant

Laura Tamashiro
O'ahu Program Director

Regina Purinton
East Hawai'i Program Director

Rosemaree Zazu
Maui Program Director

Kahikiku's Hand

by Kahikiku, Age 2

My hands can do so many things,
I'll list them for you,

My hands are for holding.
My hands are for touching.
My hands are for writing.
My hands are for drawing.
My hands are for painting.
My hands are for waving.
My hands are for digging.
My hands are for picking.
My hands are for putting.
My hands are for making.
My hands are for tickling.
My hands are for clapping.

My hands are truly wonderful,
There's so much they can do!

A Little Handprint

Sometimes you get discouraged
because I am so small
And always leave my fingerprints on
furniture and walls.

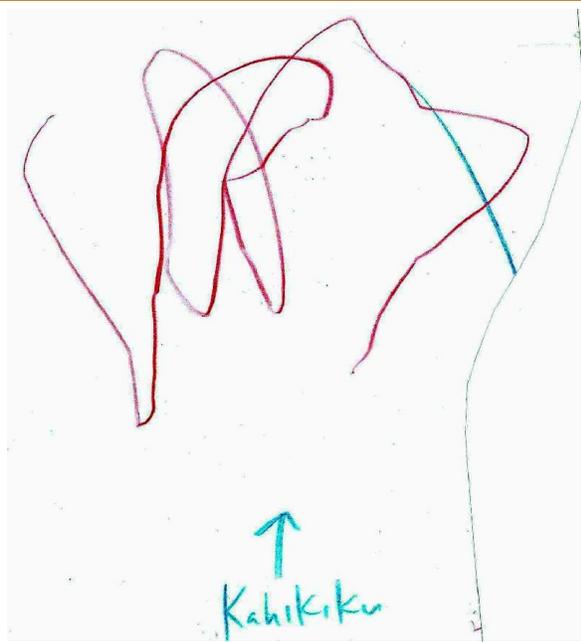
But every day I'm growing
I'll be grown someday
And all those tiny handprints
will surely fade away.

So here's a little handprint
just so you can recall
Exactly how my fingers looked
when I was very small.



A Fun Activity:

A great activity for you to do with your toddler is to make Handprint Thank You Cards. It is a good way to spend fun time with your child while teaching



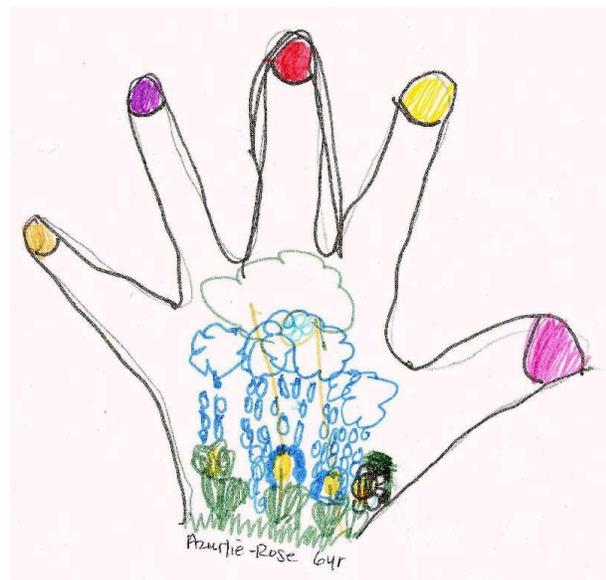
Angelica's Hand

by Angelica, Age 4



Azurlie's Hand

by Azurlie-Rose, Age 6



him or her how to make and write thank you cards.

Here is what you'll need:

- water color paper or heavy cardstock
- small envelopes
- non-toxic watercolor or kids paints
- washable or disposable plate (you will use this for the paint)
- small cup of water
- smock or old shirt for your child to wear
- markers to write greeting and name
- damp washcloth

Now, add a few drops of paint in a few different colors on a plate, you may need to add a few drops of water if the paint is too thick. Have your child put his or her hand on the plate and move it around to get a mix of colors, then stamp the hand on some paper. If you're using watercolor or cardstock in a bigger size, you can make multiple cards out of one piece of paper. Make sure you leave enough room to fold the card in half and write "Thank You" around the print. Also leave enough room for your child to "autograph" his or her artwork.

Resources for Parents:

Click on the links below to get some handy information about how to help your children learn.

[Learning Games for Babies](#)

[Learning to Learn](#)

Parenting Quiz:

Using time-out as a consequence for misbehavior is most effective with children of what age range?

- a.) 2-6 years old
- b.) 7-12 years old
- c.) 13-18 years old
- d.) All of the Above

(answer: a. 2-6 years old)

GOODSEARCH.COM: Surf the web to support PARENTS, Inc.!

Do you want to support a good cause, but don't have the money to make a cash donation? GoodSearch.com offers a quick and EASY way to raise donations for the charity of your choice.

GoodSearch is a search engine that donates its revenue to charities designated by its users. you use GoodSearch exactly as you would any other search engine. It is powered by Yahoo! to make sure that you get good search results. The money GoodSearch donates comes from its advertisers-users and organizations do not spend a dime.

In 2007, GoodSearch expanded to include GoodShop-an online shopping mall. Each purchase made on GoodShop results in a donation to the user's designated charity. This donation generally averaged about 3% of the sale, but can be up to 20% or sometimes even more!

Supporting PARENTS, Inc. through GoodSearch is easy. Just follow the directions below:

1. Go to www.goodsearch.com
2. When you see "Who Do You GoodSearch For?," select PARENTS, Inc. (Kaneohe, HI) as your option (there are many charities with the word 'Parents' in the title, so you will have to scroll down).
3. Begin your Search!

(Every search you do generates \$0.01 for PARENTS, Inc.)

To use GoodShop, click on the GoodShop link provided from the GoodSearch homepage. It's EASY!

Join us on Facebook and MySpace!

If you have a Facebook or MySpace account you can now add our cause and stay up-to-date on agency events and fundraisers. Search the applications list on either site for the "Causes" application. Once you have added the application, you can search for P.A.R.E.N.T.S., Inc. (make sure it's the one in Kaneohe, Hawaii) and subscribe to our cause. You can also use the page to donate to us directly or to share your interest in our organization with your friends and family!

Mahalo to our generous donors, sponsors, and supporters!

Aloha Petroleum

Anna Sparks

First Hawaiian Bank

Tina Pukini

Anne Hutchinson

Christian Bosse Foundation

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